



Main Assembly Head Extension Head Stud Handle Cord Clips (2) Cable straps (2) Weight Bag

ASSEMBLY INSTRUCTIONS

- 1. Slide Head Extension onto Mount Block.
- 2. Install Handle into bottom hole of Head Extension.
- 3. Attach Weight Bag onto Glide and secure using the two Thumb Screws provided.

SET UP INSTRUCTIONS

- 1. Use heavy-duty stand with 5/8+x2+stud. A 1 1/8+to 5/8+adapter may be needed for use on Cine stands. Set mast of the light boom onto stand.
- 2. Mount Light Head onto Head Stud.
- 3. Use Cord Clips or Cable Straps to attach Power Cable to Main Beam or Cross Beam.
- 4. Loosen Weight Bag Thumb Screws and reposition bag in Track to counter-balance weight of Lights.



WEIGHT BAG FILL INSTRUCTION

- 1. Pull open the closure tabs at the bottom of weight bag.
- 2. Insert a funnel into slotted opening.
- 3. Pour in lead shot to desired level. Pour in an equal amount into the other side of the bag.

Note: Lead shot is recommended for fill, but steel shot could also be used. Do not use sand, as it will not provide enough weight.

For Red Wing Standard (Full-size): 2 bags

* Fill each side to about 2.8 kg (5.6 kg/bag) ≈6.25 lbs (12.5 lbs/bag)

For Red Wing Compact: 1 bags

* Fill each side to about 3.4 kg (6.8 kg/bag) ≈7.5 lbs (15 lbs/bag)

4. After filling, press closure tab down tightly.

